









# McFarland Unified School District HIGH SCHOOL NUTRITION BREAK APRIL 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4/1	4/2	4/3	4/4
	Peanut Butter & Jelly Bar, Fresh Fruit	Breakfast Burrito W/ Egg, Cheese & Turkey Sausage, 100% Orange Juice	Blueberry Yogurt Parfait W/Granola 100 % Apple Juice	Cereal Bar, String Cheese, Fresh Fruit
4/7	4/8	4/9	4/10	4/11
Yogurt, Graham Cracker, Fresh Fruit	Cherry Danish, 100% Orange Juice	El Paso Fold & Go, Fresh Fruit	Whole Wheat Breakfast Bar, Fresh Fruit	Whole Grain blueberry Tops, Hot Sunflower Seeds, 100% Apple Juice
4/14	4/15	4/16	4/17	4/18
	<h1>SPRING BREAK</h1>			
4/21	4/22	4/23	4/24	4/25
<b>HOLIDAY NO SCHOOL</b>	Cinnamon Maple Stuffer, Fresh Fruit	Breakfast Burrito W/Egg, Cheese & Turkey Sausage, 100% Apple Juice	Blueberry Yogurt Parfait W/Granola 100 % Apple Juice	Peanut Butter & Jelly Bar, Fresh Fruit
4/28	4/29	4/30		
Cherry Danish, Fresh Fruit	Yogurt, Graham Cracker, Fresh Fruit	Snack & Waffle 100% Apple Juice		
"This institution is an equal opportunity provider"		<b>Enjoy A Great Breakfast to Jump Start your Day!</b>		Choice of Milk Served Daily. "Menu is subject to change without notice"
"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer."				


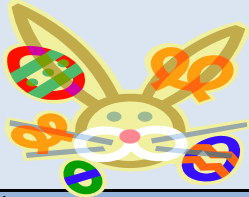






# McFarland Unified School District

## HIGH SCHOOL LUNCH MENU

### APRIL 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4/1	4/2	4/3	4/4
	Bean & Cheese Burrito, Steamed Corn, Cucumber Coins, Fresh Banana	Charbroiled Burgers on a Wheat Bun, Baked Potato Wedges, Fresh Tomatoes & Cauliflower, Fresh Apple	Sloppy Joe on a Wheat Bun, Baked Beans, Snap peas & Cherry tomatoes, Trail Mix	4x6 Cheese Pizza, Spinach Salad W/Black Beans & Corn, Mixed Fruit
4/7	4/8	4/9	4/10	4/11
Hot Dog on a Wheat Bun, Steamed Carrots, Diced Pears, Vanilla Graham	Salisbury Steak, Mashed Potatoes, Bagged Broccoli, Diced Peaches, Whole Wheat Roll	Cold Sandwich, Baked Chips, Baby Carrots, Fresh Pears	Chicken Taco, Refried Beans, Cucumber Sticks, Bagged Oranges	Cheese Quesadilla, Romaine & Spinach Salad w/Kidney Beans, Easter Cookie, Trail Mix
4/14	4/15	4/16	4/17	4/18
	<h1>SPRING BREAK</h1>			
4/21	4/22	4/23	4/24	4/25
<b>HOLIDAY NO SCHOOL</b>	Corn Dog, Curly Fries, Fresh Apples	Chilli Dog, Trail Mix, Seasoned Corn, Fresh banana	Super Nachos W/Ground Beef, Baked Tortillas Chips, Pinto Beans, Peaches & Pears	Italian Dunkers W/Marinara Sauce, Romaine & Spinach Salad w/Corn & Black Beans, Raisins
4/28	4/29	4/30		
Mini Cheeseburgers, Mixed Vegetables, Fresh Broccoli, Chilled Pears Chocolate Bear Graham	Chicken Nuggets, Curly Fries, Cucumber Coins, Chilled Peaches	Cold Sandwich, Baked Chips, Baby Carrots, Fresh Apple		
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